STATE PLAN FOR INDEPENDENT LIVING (SPIL)

Rehabilitation Act of 1973, as Amended, Chapter 1, Title

VII

PART B - INDEPENDENT LIVING SERVICES

Part C - Centers for Independent Living

State: Alaska

FISCAL YEARS: 2021-2023 Effective Date: October 1, 2020

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless such collection displays a valid OMB control number (OMB 0985-0044). Public reporting burden for this collection of information is estimated to average 240 hours per response, including time for gathering and maintaining the data needed and completing and reviewing the collection of information. The obligation to respond to this collection is required to receive financial assistance (Title VII of the Rehabilitation Act of 1973, as amended.

Executive Summary

The new SPIL instrument has led to a number of improvements in Alaska's 2021-2023 SPIL. Our past SPILs have had objectives that read more like goals and activities that read more like objectives. Some of our former objectives were difficult to measure and achieve as a result. This made evaluation of progress to meet SPIL objectives difficult at times. What used to be our Inclusion Goal has been broken up into more specific goals in an effort to resolve this issue. We now have specific data points that we did not have before. In some cases, we will need to establish baselines for 2021, so that we can track progress in subsequent years. There is greater clarity with regards to the data that needs to be reported by CILs and the SILC, making it easier for us to keep ourselves accountable for the work we need to do within our respective areas of responsibility.

Due to COVID-19 and other extenuating circumstances, there were some things we wanted to accomplish through this SPIL but were unable to do. We plan to draft a SPIL amendment to this submission, in order to take care of a few items of unfinished business. Several sections of the SPIL still need work to make sure all content is concise, readable, and answers the questions in the new SPIL instrument, which are slightly different from the old instrument. Time constraints made it necessary to copy and paste some information from the 2020 SPIL, which did not translate fully to the new SPIL instrument. We were also unable to finish some critical work on the funding formula and a request to permanently modify the percentages used in the distribution of Part C funds, which have been distributed in a severely inequitable manner for decades. It is our intention to continue work in these areas between now and when this SPIL takes effect.

Section 1: Goals, Objectives and Activities

- 1.1 <u>Mission:</u> Alaskans with disabilities live independently and are fully integrated into the mainstream of society.
- 1.2 Goals:

GOAL 1: TRANSPORTATION

Alaska will have a community transit system that uses a variety of modes and programs to help people with disabilities be able to live more independently in the community of their choice.

GOAL 2: HOUSING

Alaska will have accessible, affordable, available housing to help Alaskans with disabilities be able to live more independently in their community of choice.

GOAL 3 : EMPLOYMENT

Alaskans with disabilities will have the services and supports they need to secure gainful, integrated employment.

GOAL 4: HEALTH & WELLNESS

Alaskans with disabilities will have access to health information and services needed for health and wellness throughout their lifespan.

GOAL 5: ASSISTIVE TECHNOLOGY

Alaskans with disabilities will have access to assistive technology devices/tools, durable medical equipment and non-durable medical supplies to support independence.

GOAL 6: DIVERSITY

Alaska CILs and CIL Programs will be representative of the populations in their regions.

GOAL 7: YOUTH TRANSITION

Alaska's youth with disabilities will have leadership training opportunities to facilitate their transition into adulthood.

GOAL 8: IL NETWORK

The Independent Living Network in Alaska promotes independent living ideals through education, outreach and partnerships.

GOAL 9: SUSTAINABILITY

The SILC will be a sustainable council.

1.3 Objectives

Objectives for the three-year period of the plan – including geographic scope, desired outcomes, target dates, and indicators.

GOAL 1- TRANSPORTATION

<u>Objective 1.1</u>: Increase the accessibility, affordability, availability and safety of no less than 3 modes of transportation (e.g. accessible taxis, taxi vouchers, etc.).

Geographic Scope: Statewide

Desired Outcomes: More transportation options for people with disabilities.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Number and percentage of communities with accessible transportation for each mode of transportation (e.g. taxi, para-transit, bus, aircraft).
- 2. Number of communities with a taxi voucher program.
- 3. Number of consumers using taxi vouchers offered by a CIL Program.
- 4. Cost to consumer vs. value of taxi vouchers for each CIL taxi voucher program.
- 5. Number and percentage of buses with free or discounted fares for riders with disabilities.
- 6. Number and percentage of communities offering discounted or free transportation services to seniors.

Objective 1.2: Increase advocacy efforts for accessible taxis in at least one additional city in each CIL service area.

Geographic Scope: Statewide

Desired Outcomes: Improved consumer and stakeholder involvement around accessible taxis in addition to more accessible taxis through effective advocacy.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Number of consumers participating in systems advocacy around accessible taxis (broken down by city).
- 2. Stakeholder groups targeted for advocacy and the number of people reached through each stakeholder engagement event.
- 3. Percentage increase for the above 2 data points in 2022 and 2023, once baselines have been established in 2021.

GOAL 2: HOUSING

Objective 2.1: Increase awareness of housing options for consumers and community members. **Geographic Scope:** Statewide

Desired Outcomes: More people pursuing accessible housing options.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Number of I&Rs on housing options.
- 2. Number of people reached through media campaigns and community outreach events.
- 3. Percentage increase for the above 2 data points in 2022 and 2023, once baselines have been established in 2021

Objective 2.2: Increase awareness and opportunities for the use of home surveys, resources, and modifications to optimize 'aging in place' opportunities (e.g. HomeMAPs and the State of Alaska Environmental Modification program).

Geographic Scope: Statewide

Desired Outcomes: More consumers taking advantage of 'aging in place' opportunities. **Target Dates:** 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Number of I&Rs on home surveys, resources and modifications.
- 2. Number of consumers who have received a HomeMAP assessment.
- 3. Number of consumers who have accessed the State of Alaska Environmental Modification Program.
- 4. Percentage increase for above 3 data points in 2022 and 2023, once baselines have been established in 2021.

Objective 2.3: Increase efforts to advocate and promote the use of universal design or visitability for all housing units designed or built with public funds. **Geographic Scope:** Statewide

Desired Outcomes: More housing units built that incorporate principles of universal design and visitability.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023 **Indicators:**

- 1. Housing authorities targeted for advocacy.
- 2. Architects and builders targeted for education and advocacy that work on publicly funded housing projects.
- 3. Number and percentage of housing units designed or built by targeted entities that incorporate principles of universal design and visitability.

GOAL 3 : EMPLOYMENT

Objective 3.1: Increase the number of Alaskans with disabilities who become employed. **Geographic Scope:** Statewide

Desired Outcomes: People with disabilities are contributing members of society and the economy.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Number and percentage of Alaskans with disabilities who are employed.

Objective 3.2: Increase the number of consumers selecting employment goals.

Geographic Scope: Statewide

Desired Outcomes: More consumers seeking a path to employment through Independent Living services.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Number and percentage of consumers selecting employment goals.

Objective 3.3: Increase the number of referrals to/from Tribal Vocational Rehabilitation (TVR) and Division of Vocational Rehabilitation (DVR).

Geographic Scope: Statewide

Desired Outcomes: Improved utilization of services that support employment of people with disabilities.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Number of referrals to TVR from CILs.
- 2. Number of referrals from TVR to CILs.
- 3. Number of referrals to DVR from CILs.
- 4. Number of referrals from DVR to CILs
- 5. Percentage increase for the above 4 data points in 2022 and 2023, once baselines have been established in 2021.

Objective 3.4: Increase awareness of the ideals of the State of Alaska's Provisional Hire statute in the private sector.

Geographic Scope: Statewide

Desired Outcomes: More private organizations and businesses that incorporate the ideals of Alaska's Provisional Hire statute in their hiring policies leading to more people with disabilities being hired by these entities.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Number of private organizations and businesses who are educated on the State of Alaska's Provisional Hire Statute.

- 2. Number of private organizations and businesses that formally adopt Provisional Hire ideals as part of their hiring policies.
- 3. Number of people with disabilities hired by targeted organizations and businesses.

GOAL 4: HEALTH & WELLNESS

Objective 4.1: Improve consumer and public access to health and wellness information. **Geographic Scope:** Statewide

Desired Outcomes: Consumers are well informed on topics of health and wellness. **Target Dates:** Quarterly in 2021, 2022, 2023

Indicators:

1. Number of public outreach opportunities each CIL participates in to disseminate health and wellness information, with the minimum expectation that each CIL will participate in at least one opportunity per quarter.

<u>Objective 4.2:</u> Improve consumer and public access to information on emergency preparedness, response, and recovery.

Geographic Scope: Statewide

Desired Outcomes: Consumers are prepared for emergencies and knowledgeable of the resources that are available to them when an emergency occurs.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Number of public meetings and events the SILC participates in to gather and disseminate information.
- 2. Number of people reached through public media campaigns.

<u>Objective 4.3</u>: Increase advocacy to maintain Medicaid services and options for people with disabilities.

Geographic Scope: Statewide

Desired Outcomes: Medicaid services and options are maintained.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Stakeholder groups partnered with in joint advocacy efforts.
- 2. Number of people reached through public media campaigns.

GOAL 5: ASSISTIVE TECHNOLOGY

Objective 5.1: Increase usage of the AT Guaranteed Loan fund by 5% per year.

Geographic Scope: Statewide

Desired Outcomes: More consumers taking advantage of the AT Guaranteed loan fund. **Target Dates:** 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Number of people using the AT Guaranteed Loan Fund.

<u>Objective 5.2</u>: Improve consumer and public access to information and resources related to assistive technology, durable medical equipment, and non-durable medical supplies. **Geographic Scope:** Statewide **Desired Outcomes:** Consumers are knowledgeable of the resources available to them. **Target Dates:** 9/30/2021, 9/30/2022, 9/30/2023 **Indicators:**

1. Number of people reached through public media campaigns.

GOAL 6- DIVERSITY

Objective 6.1: CILs will strive to have a workforce representing the diversity of the communities they serve.

Geographic Scope: Statewide

Desired Outcomes: A workforce that is in-tune with the needs of the communities they serve. **Target Dates:** 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Data on workforce composition to be compared to census data for each region.

<u>Objective 6.2</u>: CILs will strive to have a consumer base representing the diversity of the communities they serve.

Geographic Scope: Statewide

Desired Outcomes: IL services are delivered in a manner that is more equitable across diverse populations.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Consumer demographics to be compared to census data for each region.

GOAL 7- YOUTH TRANSITION

Objective 7.1: 20-30 youth delegates will participate in the Alaska Youth Leadership Forum each year that it is held with a 90% graduation rate.

Geographic Scope: Statewide

Desired Outcomes: More youth leaders to spread the Independent Living philosophy. **Target Dates:** 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Graduation rates for the Alaska YLF.

<u>Objective 7.2</u>: 100% of Alaska YLF graduates will demonstrate increased IL competency. Geographic Scope: Statewide

Desired Outcomes: Graduates leave the YLF program with a deeper understanding of Independent Living and its role in helping them to realize their full potential. **Target Dates:** 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Scores from pre and post-YLF surveys.

Objective 7.3: Alaska YLF graduates will have improved employment outcomes. Geographic Scope: Statewide Desired Outcomes: YLF graduates are contributing members of society and the economy. Target Dates: 9/30/2021, 9/30/2022, 9/30/2023 Indicators:

- 1. Percentage of graduates that become employed by the summer following graduation.
- 2. Percentage of Alaskan Youth/young adults between the ages of 16-24 who are employed.

GOAL 8- IL NETWORK

Objective 8.1: Increase return rates for quarterly CIL consumer satisfaction surveys by 5% each year.

Geographic Scope: Statewide

Desired Outcomes: A better understanding of the needs of consumers.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Return rates for CIL consumer satisfaction surveys.

<u>Objective 8.2</u>: Increase the awareness of Independent Living services in Alaska. Geographic Scope: Statewide

Desired Outcomes: Broadened public knowledge of Independent Living services. **Target Dates:** 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Communities, policy-makers, and legislators that participate in awareness activities to maintain funds for rural service delivery and outreach.
- 2. Number of people (urban and rural) reached through targeted outreach, advertising, and media campaigns.

Objective 8.3: Increase understanding of roles, responsibilities, and history of IL services & philosophy among CIL staff, SILC staff/members & stakeholders.

Geographic Scope: Statewide

Desired Outcomes: CIL staff, SILC staff/members & stakeholders are more knowledgeable and effective in their respective roles and responsibilities.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Number of people (CIL staff, SILC staff/members, and members of stakeholder groups) reached through efforts to disseminate information about trainings specific to IL and disability issues.
- 2. Number of training opportunities disseminated.
- 3. Number of training opportunities provided to CILs by the SILC and number of staff trained for each opportunity.
- 4. Number of internal SILC training opportunities and number of staff/members trained for each opportunity.
- 5. Number of training opportunities provided to stakeholder groups by the SILC and number of people trained for each opportunity.
- 6. Number of staff, board members and policy-makers who were educated about IL services through the distribution and presentation of the IL Network's yearly infographic, which illustrates the positive impact independent living makes on individual lives and the community as a whole.

Objective 8.4: Investigate feasibility of hosting a second statewide independent living conference.

Geographic Scope: Statewide

Desired Outcomes: An opportunity for CIL staff and SILC staff/members to share and learn from one another.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

- 1. Total cost to hold an IL Conference.
- 2. Funding available to hold an IL Conference.

GOAL 9 SUSTAINABILITY

Objective 9.1: Increase the diversity of funding streams to fund the general operation of the SILC.

Geographic Scope: Statewide

Desired Outcomes: A SILC that is less vulnerable to changes in state and federal funding priorities.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023

Indicators:

1. Number of new funding sources and the amounts of each.

Objective 9.2: The Alaska YLF will be a sustainable SILC Program.

Geographic Scope: Statewide

Desired Outcomes: A lasting program for youth with disabilities to grow and develop leadership capacity.

Target Dates: 9/30/2021, 9/30/2022, 9/30/2023 **Indicators:**

- 1. Cost of holding an annual YLF with an itemized budget.
- 2. Amount of funding secured from each funding stream.

Compatibility with the purpose of Title VII, Chapter 1

The Alaska Independent Living Network's new SPIL sets forth our commitment to further independent living in Alaska. The objectives and activities include:

Increasing the general awareness of the independent living philosophy by offering more workshops on independent living to the general public and our partners as well as conducting a state conference for CIL staff to attend.

Partnering with the Alaska Mental Health Trust Authority and the Department of Health and Social Services to decrease the number of individuals who live in either a nursing home or an assisted living home through transition to the least restrictive environment.

Offering comprehensive home surveys (Home Modifications for Aging in Place (HomeMap) or comparable tool) across the state to increase the number of individuals living in their own homes for as long as possible.

And, by being an advocate for better access and accessibility to community events and locations (e.g., health care, voting, sidewalks, transportation, etc.).

The Network has been re-energized and are committed to helping other communities with independent living and consumer control values. If successful, these communities will help with the expansion of the independent living philosophy. The Network will be working with partners to advocate for better adherence to the Americans with Disabilities Act including at statewide, regional, and local events / locations.

1.4 Evaluation

Methods and processes the SILC will use to evaluate the effectiveness of the SPIL including timelines and evaluation of satisfaction of individuals with disabilities.

The SILC will use the consumer satisfaction survey as a starting point in the development of a survey used to evaluate the effectiveness of the SPIL. This survey may or may not be adopted by the CILs as the new consumer satisfaction survey. A random sample of consumers from across Alaska will be selected to participate in evaluation of the SPIL. Once the target sample size has been reached by securing enough consumers willing to participate in the evaluation, these consumers will be issued a quarterly survey to monitor and evaluate consumer satisfaction tied to the desired outcomes of SPIL objectives. This sample of consumers will have the opportunity to participate for the entire 3-year period of the SPIL. However, if any volunteers drop out, an additional random selection of consumers will occur to fill any vacancies.

The IL Network is working toward a streamlined reporting process to minimize additional reporting requirements to the SILC by CILs that is beyond the quarterly 704/PPR provided to the DSE. CILs will only provide additional reporting to the SILC on SPIL Objectives as needed.

The SILC ED will compile all the CIL data from quarterly reports and include it in the quarterly SILC ED Report, along with SILC data on SPIL objectives, so that the SILC board is kept apprised of progress toward meeting SPIL objectives and can play an active role in adjusting SPIL activities where needed to improve effective implementation of the SPIL.

Timeline	Goals (copy from section 1.2)	Objectives (copy from section 1.3)	Data to be collected	Data collection method	Organization responsible for data collection
September 2021, 2022 & 2023	Goal 1 TRANSPORTATION Alaska will have a community transit system that uses a variety of modes and programs to help people with disabilities be able to live more independently in the community of their choice.	Objective 1.1 Increase the accessibility, affordability, availability, and safety of no less than 3 modes of transportation (e.g. accessible taxis, taxi vouchers, etc).	1. Number and percentage of communities with accessible transportation for each mode of transportation (e.g. taxi, para-transit, bus, aircraft).	Survey of community resources.	CIL's SILC

September 2021, 2022 & 2023		2.	Number of communities with a taxi voucher program.	Survey of CIL taxi voucher programs.	CIL's SILC
September 2021, 2022 & 2023		3.	Number of consumers using taxi vouchers offered by a CIL Program.	Survey of CIL taxi voucher programs.	CIL's SILC
September 2021, 2022 & 2023		4.	Cost to consumer vs. value of taxi vouchers for each CIL taxi voucher program.	Survey of CIL taxi voucher programs.	CIL's SILC
September 2021, 2022 & 2023		5.	Number and percentage of buses with free or discounted fares for riders with disabilities.	Survey of community resources.	CIL's SILC
September 2021, 2022 & 2023		6.	Number and percentage of communities offering discounted or free transportation services to seniors.	Survey of community resources.	CIL's SILC
September 2021, 2022 & 2023	Objective 1.2 Increase Advocacy efforts for accessible taxis in at least one additional city in each CIL service area.	1.	Number of consumers participating in systems advocacy around accessible taxis, broken down by city.	Admin data.	CIL's SILC
September 2021, 2022 & 2023		2.	Stakeholder groups targeted for advocacy and the number of people reached through each stakeholder engagement event.	Admin data	CIL's SILC
September 2021, 2022 & 2023		3.	Percentage increase for the above 2 data points in 2022 and 2023, once baselines have been established for 2021.	Admin data.	CIL's SILC

September 2021, 2022 & 2023	GOAL 2: HOUSING Alaska will have accessible, affordable, available housing to help Alaskans with disabilities be able to live more independently in their community of choice.	Objective 2.1 Increase awareness of housing options for consumers and community members.	1.	Number of I&Rs on housing options.	Admin data.	CIL's
September 2021, 2022 & 2023			2.	Number of people reached through media campaigns and community outreach events.	Admin data.	CIL's SILC
September 2021, 2022 & 2023			3.	Percentage increase for the above 2 data points in 2022 and 2023, once baselines have been established for 2021.	Admin data.	CIL's SILC
September 2021, 2022 & 2023		Objective 2.2 Increase awareness and opportunities for the use of home surveys, resources, and modifications to optimize 'aging in place' opportunities (e.g. HomeMAPs and the State of Alaska Environmental Modification program).	1.	Number of I&Rs on home surveys, resources and modifications.	Admin data.	CIL's
September 2021, 2022 & 2023			2.	Number of consumers who have received a HomeMAP assessment.	Admin data.	CIL's
September 2021, 2022 & 2023			3.	Number of consumers who have accessed the State of Alaska Environmental Modification Program.	Admin data.	CIL's
September 2021, 2022 & 2023			4.	Percentage increase for above 3 data points in 2022 and 2023, once baselines have been established for 2021.	Admin data.	CIL's

September 2021, 2022 & 2023		Objective 2.3 Increase efforts to advocate and promote the use of universal design or visitability for all housing units designed or built with public funds.	 Housing Authorities targeted for advocacy. 	Admin data.	CIL's SILC
September 2021, 2022 & 2023		puono rundo.	 Architects and builders targeted for education and advocacy that work on publicly funded housing projects. 	Admin data.	CIL's SILC
September 2021, 2022 & 2023			 Number and percentage of housing units designed or built by targeted entities that incorporate principles of universal design and visitability. 	Admin data.	CIL's SILC
September 2021, 2022 & 2023	GOAL 3: EMPLOYMENT Alaskans with disabilities will have the services and supports they need to secure gainful, integrated employment.		violuonity.		
September 2021, 2022 & 2023		Objective 3.1 Increase the number of Alaskans with disabilities who become employed.	 Number and percentage of Alaskans with disabilities who are employed. 	State data.	SILC
September 2021, 2022 & 2023		Objective 3.2 Increase the number of consumers selecting employment goals.	1. Number and percentage of consumers selecting employment goals.	Admin data.	CIL's
September 2021, 2022 & 2023		Objective 3.3 Increase the number of referrals to/from Tribal Vocational Rehabilitation (TVR) and Division of Vocational Rehabilitation (DVR).	1. Number of referrals to TVR from CILs.	Admin data.	CIL's
September 2021, 2022 & 2023			2. Number of referrals from TVR to CILs.	Admin data.	CIL's
September 2021, 2022 & 2023			3. Number of referrals to DVR from CILs.	Admin data.	CIL's

September 2021, 2022 & 2023			4.	Number of referrals from DVR to CILs.	Admin data.	CIL's
September 2021, 2022 & 2023			5.	Percentage increase for the above 4 data points in 2022 and 2023, once baselines have been established for 2021.	Admin Data.	CIL's
September 2021, 2022 & 2023		Objective 3.4 Increase awareness of the ideals of the State of Alaska's Provisional Hire statute in the private sector.	1.	Number of private organizations and businesses who are educated.	Admin data.	CIL's SILC
September 2021, 2022 & 2023			2.	Number of private organizations and businesses that formally adopt Provisional Hire ideals as part of their hiring policies.	Survey.	CIL's SILC
September 2021, 2022 & 2023			3.	Number of people with disabilities hired by targeted organizations and businesses.	Survey	CIL's SILC
September 2021, 2022 & 2023	GOAL 4: HEALTH & WELLNESS Alaskans with disabilities will have access to health information and services needed for health and wellness throughout their lifespan.					
Each Quarter		Objective 4.1 Improve consumer and public access to health and wellness information.	1.	Number of public outreach opportunities each CIL participates in to disseminate health and wellness information, with the minimum expectation that each CIL will participate in at least one opportunity per quarter.	Admin data.	CIL's

September 2021, 2022 & 2023		Objective 4.2 Improve consumer and public access to information on emergency preparedness, response and recovery.	1. Number of public meetings and events the SILC participates in to gather and disseminate information.	Admin data.	SILC
September 2021, 2022 & 2023			2. Number of people reached through public media campaigns.	Admin data.	SILC
September 2021, 2022 & 2023		Objective 4.3 Increase advocacy to maintain Medicaid services and options for people with disabilities.	 Stakeholder groups partnered with in joint advocacy efforts. 	Admin data.	CIL's SILC
September 2021, 2022 & 2023			2. Number of people reached through public media campaigns.	Admin data.	SILC
September 2021, 2022 & 2023	GOAL 5 ASSISTIVE TECHNOLOGY Alaskans with disabilities will have access to assistive technology devices/tools, durable medical equipment and non-durable medical supplies to support independence.				
September 2021, 2022 & 2023		Objective 5.1 Increase usage of the AT Guaranteed Loan fund by 5% per year.	 Number of people using the AT Guaranteed Loan Fund. 	Admin data.	ATLA SILC
September 2021, 2022 & 2023		Objective 5.2 Improve consumer and public access to information and resources related to assistive technology, durable medical equipment and non- durable medical supplies.	1. Number of people reached through public media campaigns.	Admin data.	SILC

September 2021, 2022 & 2023	GOAL 6 DIVERSITY Alaska CILs and CIL Programs will be representative of the populations in their regions.				
September 2021, 2022 & 2023		Objective 6.1 CILs will strive to have a workforce representing the diversity of the communities they serve.	 Data on workforce composition to be compared to census data for each region. 	Admin data.	CIL's
September 2021, 2022 & 2023		Objective 6.2 CILs will strive to have a consumer base representing the diversity of the communities they serve.	 Consumer demographics to be compared to census data for each region. 	Admin data.	CIL's
September 2021, 2022 & 2023	GOAL 7 YOUTH TRANSITION Alaska's youth with disabilities will have leadership training opportunities to facilitate their transition into adulthood.				
September 2021, 2022 & 2023		Objective 7.1 20-30 youth delegates will participate in the Alaska Youth Leadership Forum each year that it is held with a 90% graduation rate.	1. Graduation rates for the Alaska YLF.	Admin data.	SILC
September 2021, 2022 & 2023		Objective 7.2 100% of Alaska YLF graduates will demonstrate increased IL competency.	 Scores from pre and post-YLF surveys. 	Admin data.	SILC
September 2021, 2022 & 2023		Objective 7.3 Alaska YLF graduates will have improved employment outcomes.	1. Percentage of graduates that become employed by the summer following graduation.	Admin data.	SILC
September 2021, 2022 & 2023			 Percentage of Alaskan youth / young adults between the ages of 16-24 who are employed. 	State data.	SILC

September 2021, 2022 & 2023	GOAL 8 IL NETWORK The Independent Living Network in Alaska promotes independent living ideals through education, outreach and partnerships.	Objective 8.1 Increase return rates for quarterly CIL consumer satisfaction surveys by 5% each year.	1.	Return rates for CIL consumer satisfaction surveys.	Admin data.	CIL's SILC
September 2021, 2022 & 2023		Objective 8.2 Increase the awareness of Independent Living services in Alaska.	1.	Communities, policy-makers, and legislators that participate in awareness activities to maintain funds for rural service delivery and outreach.	Admin data.	CIL's SILC
September 2021, 2022 & 2023			2.	Number of people (urban and rural) reached through targeted outreach, advertising and media campaigns.	Admin data.	CIL's SILC
September 2021, 2022 & 2023		Objective 8.3 Increase understanding of roles, responsibilities and history of IL services & philosophy among CIL staff, SILC staff/members & stakeholders.	1.	Number of people (CIL staff, SILC staff/members and members of stakeholder groups) reached through efforts to disseminate information about trainings specific to IL and disability issues.	Admin data.	CIL's SILC
September 2021, 2022 & 2023			2.	Number of training opportunities disseminated.	Admin data.	CIL's SILC
September 2021, 2022 & 2023			3.	Number of training opportunities provided to CILs by the SILC and number of staff trained for each opportunity.	Admin data.	CIL's SILC
September 2021, 2022 & 2023			4.	Number of internal SILC training opportunities and number of staff/members trained for each opportunity.	Admin data.	SILC

September 2021, 2022 & 2023			5.	Number of training opportunities provided to stakeholder groups by the SILC and number of people trained for each opportunity.	Admin data.	SILC
September 2021, 2022 & 2023			6.	Number of staff, board members and policy-makers who were educated about IL services through the distribution and presentation of the IL Network's yearly infographic, which illustrates the positive impact independent living makes on individual lives and the community as a whole.	Admin data.	CIL's SILC
September 2021, 2022 & 2023		Objective 8.4 Investigate feasibility of hosting a second statewide independent living conference.	1.	Total cost to hold an IL Conference.	Admin data.	CIL's SILC
September 2021, 2022 & 2023			2.	Funding available to hold an IL Conference.	Admin data.	CIL's SILC
September 2021, 2022 & 2023	GOAL 9 SUSTAINABILITY The SILC will be a sustainable council.	Objective 9.1 Increase the diversity of funding streams to fund the general operation of the SILC.	1.	Number of new funding sources and the amounts of each.	Admin data.	SILC
September 2021, 2022 & 2023		Objective 9.2 The Alaska YLF will be a sustainable SILC Program.	1.	Cost of holding an annual YLF with an itemized budget.	Admin data.	SILC
September 2021, 2022 & 2023			2.	Amount of funding secured from each funding stream.	Admin data.	SILC

1.5 Financial Plan

Sources, uses of, and efforts to coordinate funding to be used to accomplish the Goals and Objectives. Process for grants/contracts, selection of grantees, and distribution of funds to facilitate effective operations and provision of services.

Fiscal Year(s): 2021									
Sources									
	SILC Resource Plan	IL Services	General CIL Operations	Other SPIL Activities	Retained by DSE for Administrative costs (applies only to Part B funding)				
Title VII Funds									
Chapter 1, Part B (including state match)			338,717		\$0.00				
Chapter 1, Part C			973,814						
Other Federal Funds									
Sec. 101(a)(18) of the Act (Innovation and Expansion)	60,000								
Social Security Reimbursement									
Cares Act			938,295						
Other									
Non-Federal Funds									
State Funds	140,000	25,000	924,000						
Other									

Description of financial plan narrative.

Financial Plan Narratives

- Part B funds will further all objectives.
- Part C funds will further all objectives.
- No Chapter 2 (Older Blind) funds will be used to further SPIL objectives. The Chapter 2 (Older Blind) funds will stay with the Alaska Division of Vocational Rehabilitation while the part B, part C and Sec. 101 (a) (18) of the Act (Innovation and Expansion) funds will be used to fund the SILC.

Efforts to coordinate Federal and State funding for centers and IL services, including the amounts, sources and purposes of the funding to be coordinated.

We are continuing to work with the DSE and other state entities to ensure fee for service opportunities are available for the CILs. We are able to serve individuals in approximately ½ of the cities in Alaska. The Alaska Independent Living Network is committed to diversifying its base. To go about that diversification in a variety of ways, including using Medicaid billing (Access Alaska), being an Aging and Disability Resource Center (SAIL and ILC), and slowly growing the size of the organization (Arctic Access). Each organization also gets funding from the Alaska Department of Health and Social Service grants to perform programs that are related or complimentary to the base IL grant. Each Center works to increase the amount of fee for service it provides and have become community rehabilitation providers for the Division of Vocational Rehabilitation.

The DSE (Alaska Division of Senior and Disabilities Services) distributes Part B funds with additional match (state funds to the designated CILs) based on the funding formula. The DSE will not retain any Part B funds for administrative costs. The total amount of funding is applied to the funding formula and each CIL receives the balance of funds after their Part C funding is backed out. The funds are distributed through a grant agreement and activities and responsibilities are described in their responses to a Request for Proposal released by the state. CILs send SDS their 704/PPR data on a quarterly basis to meet reporting requirements for the state. The Performance Measure Framework is due at the end of the fiscal year (Final Report). The Demographic report is due quarterly, and the biannual program narrative is due semi-annually.

The SILC is awarded a contract by the Alaska Division of Senior and Disabilities Services after submitting a letter that explains why the SILC should be considered for a sole source contract, to provide the services of the state's independent living council. The SILC is funded by a mix of I&E and State General Funds, so the I&E funding is transferred to SDS through a Reimbursable Services Agreement prior to distribution to the SILC. The SILC fulfills its reporting requirements by submitting its 704/PPR to SDS annually.

Part C CIL's received Cares Act Supplemental funds as follows:

Access Alaska	\$514,770
SAIL	\$358,340
ILC	\$ 65,185
TOTAL	\$938,295

<u>In-kind resources including plant, equipment or services to be provided in support of the</u> <u>SILC resource plan, IL services, general CIL operations and/or other SPIL objectives.</u>

The Alaska Independent Living Network resource plan includes each center for independent living (CIL) raising 50% of the funding needed to meet the goal of a fully served state. The CILs appreciate the individuals who volunteer for their respective organizations. The SILC and CIL board of directors are important volunteers along with those who are participating in Alaska

Division of Vocational Rehabilitation work assessments by volunteering in the offices of the IL Network. The Network also uses paid volunteers, such as the Jesuits, VISTA, and Senior Community Service Employment Program (SCSEP). These individuals are critical to the strategies the Network is using to increase the amount of funding directed at services and outreach.

The Network also accepts in-kind donations. This is especially true in rural Alaska. In rural Alaska, the Nome and Kotzebue office spaces (for Arctic Access) are in-kind donations. This includes the square footage of the office, the heat, phones, and internet. All of the CILs accept donations of funds and equipment (e.g., loan closet materials, office equipment, etc.). Donations vary greatly, but all centers receive some amount of funding from donations. The SILC is in the process of developing new funding streams for long-term sustainability. We are now receiving donations but have not reached the contribution level to apply for Pick Click Give.

CIL Funding

In 2011, The Alaska IL Network worked with Agnew / Beck to determine a new funding formula, which took a variety of factors into effect. This past year, it was determined that the formula was too difficult to use for calculations. The SILC, CILs, DSE, and DVR have been in discussions about what to use in place of the current funding formula. Our weighted factors are the following:

- Urban/Rural/Remote categories,
- Cost of living Allowance, and
- Whether or not the areas are unserved, underserved, or served.

Alaska is the largest state by measure of land mass, with communities being geographically dispersed and have low population basis. Service delivery off the road system is more expensive due to higher transportation costs and fewer service providers. The application of "rural" used in previous funding plans does not distinguish between small communities on the road system versus those that are remote and only accessible by air or water.

The Task Force decided to expand the former urban-rural distinction to an "urban-ruralremote" continuum that employs the classification system developed by the Office of Management and Budget (OMB) for Metropolitan, Micropolitan, and Neither. The taskforce compared the OMB census areas designations and found that the definitions used for Metropolitan, Micropolitan, and Neither matched the wide variety of conditions and classification systems used to define urban, rural, and remote for purposes of the funding formula. Thus, we will use:

- Using the OMB census area designations;
- Anchorage, Fairbanks North Star Borough, and Matanuska-Susitna Borough are considered Urban;
- Kenai Peninsula Borough, Juneau City and Borough, Ketchikan Gateway Borough, and Kodiak Census area are considered rural;
- The remaining census areas are considered remote.

The essence of the cost of living factor was a combination of the degree to which a census area has the infrastructure to provide services plus the cost of obtaining the necessary commodities and labor to provide those services. The Department of Health and Social Services used these COLA factors to arrive at Medicaid rates in different areas of the state.

Finally, the state population base is very spread out, with the size of communities varying between less than 100 people to over 300,000 people. Additionally, as stated before, the state has large swaths that aren't accessible by a road system (only by air or water); thus the Alaska IL Network will determine funding, in part, based on the size of the communities in the CIL's region. For an area to be considered "served" there must be a local CIL within 100 miles and that CIL must be able to provide all five core services. The "unserved" communities have no local presence or on-going communications with residents to provide any one of the five core services (and, if on the road system, is more than 100 miles away from a CIL office). We added "underserved" as a category, because the CILs can only provide in-person assistance on one or more of the five core services on an intermittent basis only.

The formula will calculate the percentage of funding for each CIL based on these weighted factors. If the CIL receives Part C funding, then that amount will be subtracted from the total.

Future Funding

Wherever possible this plan assumes the same level of funding for CILs as the preceding year, unless there are extenuating circumstances (e.g. not meeting the standards and indicators or decrease or increase in funding).

Future Increases in Federal Part C, Federal Part B and/or State IL funds:

If there are any increases in federal Part B and/or state funding during any year of the SPIL or should Part B and or state funds become available as the result of increases in Part C funding, the CILs will receive a commensurate increase in funding based on the current funding formula.

Section 2: Scope, Extent, and Arrangements of Services

2.1 Services

Services to be provided to persons with disabilities that promote full access to community life including geographic scope, determination of eligibility and statewideness.

Table 2.1A: Independent living services	Provided using Part B (check to indicate yes)	Provided using other funds (check to indicate yes; do not list the other funds)	Entity that provides (specify CIL, DSE, or the other entity)
 Core Independent Living Services, as follows: Information and referral IL skills training Peer counseling Individual and systems advocacy Transition services including: Transition from nursing homes & other institutions Diversion from institutions Transition of youth (who were eligible for an IEP) to post-secondary life 	X	X	CIL
Counseling services, including psychological, psychotherapeutic, and related services			
Services related to securing housing or shelter, including services related to community group living and supportive of the purposes of this Act and of the titles of this Act, and adaptive housing services (including appropriate accommodations to and modifications of any space used to serve, or occupied by, individuals with disabilities) Note: CILs are not allowed to own or operate housing.	Х	X	CIL
Rehabilitation technology	Х	X	CIL
Mobility training	Х	Х	CIL
Services and training for individuals with cognitive and sensory disabilities, including life skills training and interpreter and reader services	Х	X	CIL
Personal assistance services, including attendant care and the training of personnel providing such services	Х	Х	CIL
Surveys, directories, and other activities to identify appropriate housing, recreation opportunities, and accessible transportation and other support services	Х	Х	CIL
Consumer information programs on rehabilitation and IL services available under this Act, especially for minorities and other individuals with disabilities who have traditionally been unserved or underserved by programs under this Act	Х	X	CIL

Table 2.1A: Independent living services	Provided using Part B (check to indicate yes)	Provided using other funds (check to indicate yes; do not list the other funds)	Entity that provides (specify CIL, DSE, or the other entity)
Education and training necessary for living in the community and participating in community activities	X	X	CIL
Supported living			
Transportation, including referral and assistance for such transportation	X	X	CIL
Physical rehabilitation			
Therapeutic treatment			
Provision of needed prostheses and other appliances and devices	X	X	CIL
Individual and group social and recreational services	Х	X	CIL
Training to develop skills specifically designed for youths who are individuals with significant disabilities to promote self-awareness and esteem, develop advocacy and self-empowerment skills, and explore career options	X	X	CIL
Services for children	Х	Х	CIL
Services under other Federal, State or local programs designed to provide resources, training, counseling or other assistance, of substantial benefit in enhancing the independence, productivity and quality of life of individuals with disabilities	X	X	CIL
Appropriate preventive services to decrease the need of individuals with significant disabilities for similar services in the future	Х	Х	CIL
Community awareness programs to enhance the understanding and integration into society of individuals with disabilities	X	X	CIL
Such other services as may be necessary and not inconsistent with the Act	X	X	CIL

2.2 Outreach

Identify steps to be taken regarding statewide outreach to populations that are unserved or underserved by programs that are funded under Title VII, including minority groups and urban and rural populations.

Targeted Populations

Seniors with disabilities, Youth with disabilities in transition to adulthood (16-24 year old's), People with fetal alcohol spectrum disorder/fetal alcohol syndrome (FASD/FAS), People with traumatic brain injuries (TBI), People with mental illness, Deaf (and hard of hearing) Alaskans, African-Americans with disabilities, Asian-Americans with disabilities, Hispanics with disabilities, Alaska Natives with disabilities.

Definitions of Unserved and Underserved

A community will be defined as unserved if there is no local presence or on-going communication with residents to provide any of the five core services (more than 100 miles from a CIL office if on the road system). A community will be defined as underserved if there is only periodic in-person presence to provide one or more of the five core services to one or more individuals (more than 100 miles from a CIL office if on the road system). A sector of the disability population within a service region will be defined as underserved if that sector is not represented in the consumer base of the CIL responsible for that service region. Likewise, a sector of the disability population within a service region will be defined as underserved if that sector is underserved in the consumer base of the CIL responsible for that service region when compared to the most current census data. A lack of funding or insufficient funding to serve a community or population will also be used as a basis for determining who is unserved or underserved. Those communities and population sectors that are unserved or are the most severely underserved will receive priority for outreach.

Geographic Areas

To target one or more geographic regions seems disingenuous, because of the expanse of the state and the relatively small areas that are routinely covered by the IL staff members. We know that we need to find new ways to reach out to more communities and find ways to bring services to individuals with disabilities living 50 or more miles away from a center for independent living or its satellite.

Outreach activities and methods to be conducted and who will conduct each

Many new outreach efforts have been started. The SILC has taken over the responsibility of getting consumer satisfaction surveys through the U.S. Postal service. The surveys have a cover letter which explains who we are, which CIL they received services from, why we are doing these letters and surveys, and the opportunity to win a small prize if they return the survey. Every CIL and the SILC uses social media to get the word out to the community about certain ideas and opportunities. These posts are picked up by other groups who get them out to their communities. In rural Alaska, this is an important mechanism for the exchange of information; it is more influential than television ads. The SILC and the CILs participate in rural outreach, such as Health Fairs, to get exposed to more individuals in more communities. The IL Network also uses sister boards to get the independent living message to more communities, such as during rural outreach trips and to specific disabilities (e.g., developmental). The CILs will participate in cultural events and fairs as part of the attempt to reach out to specific cultures and races. One of the easiest ways to reach out to a community is through one to one contact. Peer mentoring is

one of the best ways to overcome divisions based on our outward appearance and bring a community in from the cold.

2.3 Coordination

Plans for coordination of services and cooperation among programs and organizations that support community life for persons with disabilities.

We look forward to our continued relationship with DVR and the Alaska Department of Labor and Workforce Development as we work on issues of employment, transportation, assistive technology issues, and transition age youth. Similarly, we have continued to work with the State Rehabilitation Committee on issues around employment, youth transition and service dogs.

The DHSS (specifically SDS and its Grant Unit) have made the transition of the DSE smooth. We continue to have a good working relationship with them.

The Alaska Division of Senior and Disabilities (SDS) continues to be a major stakeholder committed to offering IL activities to Alaskans with disabilities. The department and its divisions, including SDS and the Alaska Division of Public Health, have been integral to providing IL services, transportation, housing, transition of youth out of foster care and of individuals who want to live in the least restrictive environment, health care access, emergency preparedness, recreation, community involvement, peer support, as well as information and referral.

The SILC will continue to work with the various boards housed in the Department of Health and Social Services. The SILC has a variety of ongoing projects with the DD Council, including working on creating a new advisory group, led by the SILC, for FEMA and Alaska's emergency management teams, transportation issues, assistive technology, and Medicaid Reform. The IL Network works with the Alaska Commission on Aging, the Alaska Long Term Care Ombudsman office, Age-Net and the trade association for senior service providers, to improve the lives of Elders and seniors (with disabilities). We are working together on the following issues: transportation (e.g., accessible taxis, community transit), emergency preparedness, and least restrictive housing options. The Alaska Mental Health Board and the Advisory Board on Alcohol and Drug Abuse share an Executive Director and partners with the SILC on legislative education and awareness, transportation, voting access and youth transition.

There are several other committees that the SILC has strong relationship with including those belonging to the Alaska Department of Revenue, Department of Transportation and Public Facilities and those who are non-profits and are aligned with a state agency. The Alaska Mobility Coalition (AMC) is a non-profit agency that focuses on community transit that is safe, affordable, accessible and available for the general public; including specifically persons with disabilities. The Alaska Mental Health Trust Authority, a state agency in the Department of Revenue, is a conduit for change in the way services are provided to individuals with specific disabilities (mental illness, developmental disabilities, Alzheimer's and Related Dementia, alcoholism/drug abuse, and/or brain injury.) Luckily, because of the amount of funding available

through the Alaska Mental Health Trust Authority (the Trust), the positive outcomes are felt by many people with other disabilities. The Trust is able to sway public policy by offering grant funding that is cost effective, person centered and uses best practices. The SILC has been able to work with the Trust to ensure independent living opportunities are available to more individuals in Alaska including selection tools for selecting Conflict-Free Case Managers and a program for the transition of individuals who are in assisted living homes and would rather be living in less restrictive environments. The Alaska Brain Injury Network is in flux and the SILC is working with its partners to create a new state plan for individuals with traumatic and acquired brain injury.

The SILC actively seeks out ways to blend and braid funding and responsibilities with other federal (FEMA), state (Alaska Department of Transportation and Public Facilities), and local partners on activities surrounding transportation, emergency preparedness, information and referral, transitions, assistive technology and durable medical equipment, as well as the Americans with Disabilities Act implementation.

The Tribal Vocational Rehabilitation Consortia (TVRC), Alaska University Center for Excellence on Developmental Disabilities (UAA Center for Human Development), and the Protection and Advocacy agency (Alaska Disability Law Center) will continue to be important resources for the Network's efforts to increase accessibility and awareness on disability rights issues. These agencies act as a medium for our message and to ensure that the concerns of rural Alaskans are received.

Section 3: Network of Centers

3.1 Existing Centers

Current Centers for Independent Living including: legal name; geographic area and counties served; and source(s) of funding. Oversight process, by source of funds (e.g., Part B, Part C, state funds, etc.) and oversight entity.

Legal name	Counties (Census Regions) served	Funding	Oversight process	Oversight entity	SPIL Signatory (yes/no)
Access Alaska	Anchorage- full Denali- limited Fairbanks- full Mat-su- full North Slope- limited SE Fairbanks- limited	Part B, Part C, Cares Act, State and other funds	CIL submits CIL PPR to ACL/OIP and DSE	DSE and ACL/OILP	Yes
Arctic Access	Nome- full Northwest Arctic- full	Part B, State and other funds	CIL submits PPR to DSE	DSE	Yes

Independent Living Center, Inc.	Kenai Peninsula- full Kodiak Island- full Valdez Cordova Census- limited	Part B, Part C, Cares Act, State and other funds	CIL submits CIL PPR to ACL/OIP and DSE	DSE and ACL/OILP	Yes
Southeast Alaska Independent Living, Inc.	Angoon/Hoonah- full Haines- full Juneau- full Ketchikan- full Petersburg- limited Prince of Wales- full Sitka- full Skagway- limited Wrangell- limited Yakutat- full	Part B, Part C, Cares Act, State and other funds	CIL submits CIL PPR to ACL/OIP and DSE	DSE and ACL/OILP	Yes

Criteria for Defining the CIL network

The Alaska CIL Network is composed of representatives of the Alaska Statewide Independent Council, the SILC/CIL Designated State Entity Alaska; and all four Alaska CILs. Each Alaska CIL is eligible to sign the SPIL.

How Services are Configured

CIL services in Alaska are provided by four CILs.

- 1) Access Alaska
- 2) Arctic Access
- 3) Independent Living Center, Inc.
- 4) Southeast Alaska Independent Living, Inc.

Access Alaska

Access Alaska serves the largest population centers in Alaska, with offices in Anchorage, Fairbanks and Wasilla. From these offices, Access Alaska provides all core services in the Anchorage Municipality, Fairbanks NorthStar Borough and Matanuska-Susitna (Matsu) Borough, with a 2010 Census of 478, 402 people, and itinerant services in the North Slope Borough, Denali Borough, and SE Fairbanks census area to 18,282 of people.

Arctic Access

Arctic Access maintains offices in Nome and Kotzebue. From these offices, Arctic Access provides all 5 core services in the Northwest Arctic Borough and the Nome census areas. The number of individuals living in the Northwest Arctic Borough and the Nome census area, according to the 2010 Census is 17,015. There are small hubs with many villages.

Independent Living Center (ILC)

The Independent Living Center (ILC) maintains offices in the communities of Homer, Kodiak, Soldotna, and Seward. From these offices, ILC provides all 5 core services in the Kenai Peninsula Borough and Kodiak Island and itinerant services to the Valdez-Cordova census

region. The number of individuals living in this section of the state, according the 2010 Census, is 68,992. They serve another 9,639 community members with itinerant services.

Southeast Alaska Independent Living (SAIL)

Southeast Alaska Independent Living (SAIL) maintains offices in Juneau, Haines, Sitka, Ketchikan, and Klawock. Additionally, through agreements with local tribes, SAIL has parttime staff in the villages of Kake and Yakutat. From these seven locations, SAIL provides all five core services in the Hoonah-Angoon Census Area; Haines Borough; Juneau; Ketchikan Gateway Borough; Prince of Wales-Hyder Census Area; Sitka City and Borough; and Yakutat City and Borough. These 7 census regions have a total population of 62,616 according to the 2010 Census. SAIL provides itinerant services to the Petersburg Borough, Skagway, and Wrangell census regions. According to the 2010 Census, 6,540 individuals live in these regions of the state.

In FY 2019, 3116 consumers were served by the Alaska CILs. Statewide, the age-range of consumers most often served by the Alaska IL Network was almost equally divided between the age group 25-59 and the group 60+, with 1271 and 1287 individuals respectively. Consumers with physical disabilities, 827, were the most often served, followed by 642 individuals whose primary disability was listed as cognitive, followed by 535 individuals who identified as having a mental/emotional disability. Statewide, the vast majority of ethnicities served were Caucasian, Alaska Native/American Indian, and those who selected "two or more races". This is similar to the breakdown of the population of Alaska.

Disaster and Emergency Response Services

During and following a disaster or other emergency, Alaska's IL entities expect to play a role in addressing the daunting challenges individuals with disabilities and their families face in such times to maintain their safety, health, independence and well-being. Alaska's IL entities have begun working with other disability organizations and FEMA on Emergency and Disaster Preparedness and Response. We will continue to develop this coordination, and work on the development of long-term strategies for the IL Network to better prepare for and respond to emergencies and disasters.

For these reasons, it is the intent of this plan that, unless specifically prohibited for any funding stream, funding streams identified in the SPIL's financial plan be allowed to be used at the discretion of the recipient in the areas listed below. This includes new emergency response funding that becomes available during the period of the plan.

- 1. Within the entity's assigned service area.
- 2. In a service area assigned to another entity. In such cases the entity(ies) providing the service will be guided by a memorandum of agreement with the CIL assigned to that area. Should the nature of the disaster/emergency prohibit the home CIL from participating in the coordination agreement, the assisting entities will still use a mutual memorandum of agreement to guide/coordinate the response.
- 3. In areas unserved by any CIL. In this case, if multiple IL entities will be responding, a mutual memorandum of agreement between the entities will guide/coordinate the response.

Use of funds should follow the principles outlined in the Administration for Community Living/Office of Independent Living Programs (ACL/OILP) *Disaster Services Policy*, and other guidance issued at the time of the emergency, with regard to particular finding sources

3.2 Expansion and Adjustment of Network

The CILs will use Part B and/or C funds, I & E, state funds, individual and corporate donations, municipal grants, foundation grants, fees for service, other state grants, and other federal grants. The SILC will use I&E, State General Funds, administrative fees from foundation grants, and donations.

Plan and priorities for use of funds, by funding source, including Part B funds, Part C funds, State funds, and other funds, whether current, increased, or one-time funding and methodology for distribution of funds. Use of funds to build capacity of existing Centers, establish new Centers, and/or increase statewideness of Network.

Minimum funding level for a Center and formula/plan for distribution of funds to bring each Center to the minimum. Exceptions must be explained with sufficient detail.

\$250,000 is the minimum funding level established by the IL Network to fund a CIL. This amount is based on the 1995 study conducted by APRIL with no adjustments for inflation. Alaska's one Part B CIL is the only CIL operating under this minimum funding level. However, the funding formula used to distribute IL funding in the state is structured in such a way that has resulted in gradual increases in funding for the Part B CIL when any funding source increases, including increases in Part C funds to one or more of the Part C CILs. In addition, the funding formula accounts for the higher cost of living and remote rural designation of communities within the Part B CIL's service region. Both are weighted factors used to determine how IL funds are distributed. Please see the attached funding formula spreadsheet and PowerPoint for a deeper understanding of how this funding formula works.

The IL Network recognizes the need to update its minimum funding level for CILs, not only to account for inflation, but also to acknowledge different conditions and circumstances that each CIL operates under. Arriving at more accurate minimum funding levels across all of Alaska's CILs will require much deeper discussion and study, as will the development of a plan or formula to bring each CIL up to its minimum funding level. Minimum funding levels may be different for each CIL's service region. The IL Network is committed to carrying out this work in time to submit a SPIL amendment prior to FFY 2022.

Action/process for distribution of funds relinquished or removed from a Center and/or if a Center closes.

In the event that funds are relinquished or removed from a CIL (either Part B or Part C) and/or a CIL closes, the following steps will be taken:

1. The SILC will take the lead in the formation of a review committee with representation from the SILC, DSE, and stakeholder organizations (e.g. The Alaska Mental Health

Trust, Governor's Council on Disabilities and Special Education, Alaska Commission on Aging, etc.), which will issue a competitive RFP to the remaining CILs.

- 2. The remaining CILs may submit a single proposal, which outlines a plan for serving one, more or all of the communities formerly served by the CIL in question.
- 3. The review committee will meet to approve plans of service on a community by community basis.
- 4. Notice of approval will be issued immediately as decisions are made, in order to minimize lapses in service for each community that is up for review.
- 5. The funding formula will be updated to reflect the change in service areas and include only the CILs that remain.
- 6. If there are no respondents to the RFP or some communities are not included in CIL proposals, funds will go back into the funding formula for redistribution. Part C funds will be redistributed in the same manner that Part B and State GF are distributed in the existing funding formula.
- 7. ACL will be immediately notified of any changes in the distribution of Part C funds.

Plan/formula for adjusting distribution of funds when cut/reduced.

CIL's will receive a decrease in funds commensurate with the funding formula.

<u>Plan for changes to Center service areas and/or funding levels to accommodate expansion and/or adjustment of the Network.</u>

Any expansion would occur through an increase of Part C or State funds. Our current funding formula is capable of adjusting according to any increases or decreases in funds (including Part B, Part C, other funds, and one-time funds), unless state or federal regulations prohibit the method of distribution used in the funding formula. In the event of an increase or decrease in funds, each CIL receives an increase or decrease of funds commensurate with the funding formula.

There are currently no plans to change CIL service regions or adjust the IL Network.

Plan for one-time funding and/or temporary changes to Center service areas and/or funding levels.

The funding formula is capable of accounting for any adjustments of service regions. There are no proposed changes to service regions at this time. However, CILs may enter MOAs with one another at any time, in order to provide IL services outside of designated service regions.

Unserved/Underserved

To determine who is currently unserved / underserved, we surveyed Alaskans, held focus groups, and reviewed our sister agencies data (e.g., DVR, DD Council) about which groups are currently unserved / underserved by their organization. The team also used the U.S. Census (as well as the American Community Survey), the Disability Compendium, and State of Alaska data. After reviewing the information, we created a list of unserved / underserved individuals that live in

pockets throughout the state, but specifically in areas served by the CILs. It was determined that the following segments of the population should be considered <u>unserved</u>.

Age Ranges: Seniors with disabilities, Youth with disabilities

Gender/Sexual Orientation: LGBTQ

Disability type: People with fetal alcohol spectrum disorder/fetal alcohol syndrome, People with traumatic brain injuries, People with mental illness, Deaf and hard of hearing

Race/Nationality: African Americans with disabilities, Asian Americans with disabilities, Hispanics with disabilities, Alaska Natives with disabilities

Geographically unserved areas of the state are illustrated in the IL Network's annual infographic (see attached).

There is a great need for Independent Living services in the southwestern portion of the state, but to be able to ensure a CIL would be successful requires enough funding to pay the higher costs of utilities, personnel costs, and travel. With the current funding levels, we do not see any expansion happening in the near future. Instead, focus will be given to integrating Independent Living into existing services in unserved areas of rural Alaska.

Section 4: Designated State Entity

<u>Alaska Division of Senior and Disability Services</u> will serve as the entity in <u>Alaska</u> designated to receive, administer, and account for funds made available to the state under Title VII, Chapter 1, Part B of the Act on behalf of the State. (Sec. 704(c))

4.1 DSE Responsibilities

- (1) receive, account for, and disburse funds received by the State under this chapter based on the plan;
- (2) provide administrative support services for a program under Part B and a program under Part C in a case in which the program is administered by the State under section 723;
- (3) keep such records and afford such access to such records as the Administrator finds to be necessary with respect to the programs;
- (4) submit such additional information or provide such assurances as the Administrator may require with respect to the programs; and
- (5) retain not more than 5 percent of the funds received by the State for any fiscal year under Part B for the performance of the services outlined in paragraphs (1) through (4).

4.2 Grant Process & Distribution of Funds

Grant processes, policies and procedures to be followed by the DSE in the awarding of grants of Part B funds.

The DSE (Alaska Division of Senior and Disabilities Services) distributes Part B funds with additional match (state funds to the designated CILs) based on the funding formula. The total amount of funding is applied to the funding formula and each CIL receives the balance of funds after their Part C funding is backed out. The funds are distributed through a grant agreement and

activities and responsibilities are described in their responses to a Request for Proposal released by the state. CILs send SDS their 704/PPR data on a quarterly basis to meet reporting requirements for the state. The Performance Measure Framework is due at the end of the fiscal year (Final Report). The Demographic report is due quarterly, and the biannual program narrative is due semi-annually.

The SILC is awarded a contract by the Alaska Division of Senior and Disabilities Services after submitting a letter that explains why the SILC should be considered for a sole source contract, , to provide the services of the state's independent living council. The SILC is funded by a mix of I&E and State General Funds, so the I&E funding is transferred to SDS through a Reimbursable Services Agreement prior to distribution to the SILC. The SILC fulfills its reporting requirements by submitting its 704/PPR to SDS annually.

4.3 Oversight Process for Part B Funds

The oversight process to be followed by the DSE.

The Alaska Division of Senior and Disability Services is the State of Alaska's Designated State Entity (DSE) and provides oversight and manages the Independent Living Part B funds as well as continued use of the Innovation and Expansion funds to fund the SILC. The Alaska Division of Vocational Rehabilitation intends to keep the OIB funding and the Assistive Technology Act funding. The DSE will require reviews to ensure the CILs and SILC maintain good standing with the State in regard to OSHA, Workers' Compensation, Wage and Hour, etc.

4.4 Administration and Staffing

Administrative and staffing support provided by the DSE.

The Grants Unit Manager of the Alaska Division of Senior and Disabilities Services (SDS) serves on the SILC as an ex-officio member and has been active in the development of the new SPIL. Fiscal staff from Alaska Division of Vocational Rehabilitation (DVR) and the SDS have worked together to provide input into the resource plan. Both are available to the Alaska IL Network.

The DSE will not take any of the allowable 5% to administer Part B funds.

The DSE provides no staff to the SILC.

The SILC's autonomy is recognized by the DSE, so as not to create any conflict. The DSE does not hire, fire or supervise any SILC staff. It does not interfere with the day-to-day operation of the SILC. It does not participate in the approval of the SILC budget developed by the Executive Director and Office Manager in consultation with the SILC treasurer. Finally, the DSE ex officio representative on the SILC cannot participate in any motion or vote of the SILC board.

4.5 State Imposed Requirements

State-imposed requirements contained in the provisions of this SPIL including: <u>(45 CFR 1329.17(g))</u>

- State law, regulation, rule or policy relating to the DSE's administration or operation of IL programs
- Rule or policy implementing any Federal law, regulation, or guideline that is beyond what would be required to comply with 45 CFR 1329
- That limits, expands, or alters requirements for the SPIL

The DSE issues IL Part B contracts to each CIL annually and monitors each contract for compliance with state and federal regulations including the federal standards and indicators for Centers for Independent Living. The DSE also has performance measures to ensure cost effective services are being provided to as many individuals as possible. Also, the DSE plans to reinvigorate the review program for both CILs and the SILC. The DSE will review financials and service delivery data on a quarterly basis and provide recommendations for improvement as necessary.

4.6 722 vs. 723 State

Check one: <u>X</u> 722 (if checked, will move to Section 5) <u>723</u> (if checked, will move to Section 4.7)

4.7 723 States

Order of priorities for allocating funds amounts to Centers, agreed upon by the SILC and Centers, and any differences from 45 CFR 1329.21 & 1329.22.

How state policies, practices, and procedures governing the awarding of grants to Centers and oversight of the Centers are consistent with 45 CFR 1329.5, 1329.6, & 1329.22.

Section 5: Statewide Independent Living Council (SILC)

5.1 Establishment of SILC

How the SILC is established and SILC autonomy is assured.

The SILC of Alaska was established during the state fiscal year (SFY) of 1994. In that year, the Governor of Alaska appointed 13 members, on an interim basis, to the SILC of Alaska through an Executive Order. In SFY1995, the Senate passed an act to establish the SILC and clarified its relationship with the Designated State Unit (DSU). The SILC is described in Alaska Statue 47.0780.300. In the statute, the relationship between the SILC and the Alaska Department of Labor and Workforce Development/Division of Vocational Rehabilitation (DOLWD/DVR) is established to provide a funding, professional development, and technical assistance to the SILC. In SFY 2002, the SILC became a non-profit, with nine (9) voting members and two (2) exofficio, non-voting members. In SFY2016, the Governor issued Executive Order 117 which

stated that starting on the first day of the SFY2017 the Designated State Entity for the Independent Living Network will be moved to the Alaska Department of Health and Social Services/Division of Senior and Disability Services (DHSS/SDS). The SILC and its state partners have a strong working relationship built on trust.

5.2 SILC Resource plan

Resources (including necessary and sufficient funding, staff/administrative support, and in-kind), by funding source and amount, for SILC to fulfill all duties and authorities.

For FY 2021 (October 1, 2020 – September 30, 2021), the SILC will use the following funding:

\$ 60,000 (Innovation and Expansion funds) \$140,000 (State funds)

The SILC will receive \$200,000 in State Funds for both FY 2022 (October 1, 2021 – September 30, 2022) and FY 2023 (October 1, 2022 – September 30, 2023).

Process used to develop the Resource Plan.

The DSE contract is negotiated with the DSE each May. The annual contract does not include any conditions or requirements that would compromise the independence of the SILC.

The SPIL goals, objectives, and activities and the SILC Resource Plan are developed based on the understanding that federal and state funds may fluctuate. The financial tables are developed based on conservative estimates, using current fiscal indicators and trends from the previous two years as guides for cost estimations. It is important to recognize that the SILC has limited staff and resources; therefore, it is critical to collaborate and partner with the CILs, the DSE and other agencies to complete the goals, objectives and activities identified in the SPIL.

Process for disbursement of funds to facilitate effective operations of SILC.

Funds for the SILC Resource Plan will be disbursed by the DSE, upon receiving monthly invoices with supporting documentation. Per the SILC's contract with the DSE, all invoices are to be paid within no more than 30 days of receipt. However, the SILC and DSE are working together to ensure more timely reimbursement, in order to prevent any undue hardship on the SILC, which could disrupt continuous and effective ongoing operations.

Justification if more than 30% of the Part B appropriation is to be used for the SILC Resource Plan.

N/A

5.3 Maintenance of SILC

How State will maintain SILC over the course of the SPIL.¹

SILC Board

Members are appointed by the Governor of Alaska. Per the federal requirements, the Alaska Statue outlines that the SILC must include a representative from the DSE and the Alaska Division of Vocational Rehabilitation (as nonvoting, Ex-Officio members). The SILC will have at least 1 director of a CIL on the council as a voting member. Additionally, if the State had a tribal run center for independent living, then we would include that person as well. Our bylaws still state that we will have a Tribal Vocational Rehabilitation provider and until that is changed, we will continue to designate a seat for one of the consortia members. Boards and Commission is usually willing to listen to the SILCs concerns, responsibilities and needs. We have reviewed the other councils, committees, and boards the SILC members sit on and have noticed a wide diverse network to build awareness with and partner. We encourage individuals to apply for the council, however the Boards and Commissions staff will put all of the individuals applying for a board with a disability focus into one group and appoint people from that group. We have tried to explain the process recommended by the Independent Living Reutilization Unit (ILRU), but the belief, or push-back, is the process should be standard between all state-appointed boards.

Additionally, centers for independent living employees and consumers; parents and guardians of individuals with disabilities; individuals with disabilities; representatives from private businesses, specific disability organizations, and disability service providers will be encouraged to apply to the SILC board. The SILC members and staff will describe the nomination/ appointment process to any potential candidate. A majority of members shall be persons with disabilities and not employed by any state agency or center for independent living. The Council elects the chair from among its membership.

The SILC will strive to have representation from all geographic regions in the state to achieve cultural/ethnic diversity, reflective of the population of the state of Alaska. The council will include members from a wide variety of disability categories in order to ensure proper and adequate input from the disability community. The SILC shall select a chairperson from its voting members.

If there is an opening on the council because a member is unable to continue in his/her tenure, then the SILC Executive Committee, the SILC Executive Director, and Boards and Commission staff will work together to fill that opening as soon as possible.

Each member is appointed for a three (3) year term; members can only serve for two (2) consecutive terms. A person who has fulfilled his/her terms to the maximum extent possible will not be eligible to reapply for membership for one full term (3 years). Individuals serve at the pleasure of the governor.

Staffing

According to the Alaska SILC Personnel Policies, the council members constitute the Board of Directors of the corporation. As such, the SILC council members approve the personnel policy and are the only ones who may alter, change, or waive any policy contained herein.

When hiring a new Executive Director, the full Board must approve the hiring, but authorizes the Executive Committee to enter into a written contract of service with an approved candidate for the position of Executive Director and provide guidance to the position through the Chairperson.

The Board of Directors has delegated to the Executive Director authority to employ and discharge all other staff of the corporation, whether full-time, part-time, and/or temporary. The Board of Directors must approve position descriptions and pay before positions are filled, and only if an approved budget allows for it.

All staff must recognize that Alaska is an "at will" state, meaning either the employer (the SILC) or employee may terminate the employment relationship at any time with or without cause and with or without notice. No supervisor or director is authorized to enter into anything other than an at-will employment relationship with any employee on behalf of SILC.

The Executive Director, at least annually, will make a written evaluation of the effectiveness of each employee in carrying out duties included in his/her job description, review the evaluation with the employee, and place a copy of the evaluation in the employee's personnel file. Each employee shall sign the evaluation to denote that he/she has reviewed the evaluation with the Director or designee. The signature does not necessarily mean agreement with the evaluation, and the employee may write a response to the evaluation, which will also be placed in the employee's personnel file.

• Non-assignment of duties to SILC staff and other personnel made available by the DSE, or any other State agency or office that would create a conflict of interest while assisting the SILC in carrying out its duties.

The SILC's personnel policy covers conflict of interest issues by stating: "All employees will act consistent with the Ethics and Conflict of Interest policy contained herein. No employee will attempt to use his/her position to promote personal gain. Each employee will avoid actual, or the appearance of, financial or other benefits from relationships with clients, agencies, commercial institutions, or activities with which the corporation does business or has working relationships."

Section 6: Legal Basis and Certifications

6.1 Designated State Entity (DSE)

The state entity/agency designated to receive and distribute funding, as directed by the SPIL, under Title VII, Part B of the Act is <u>Alaska Division of Senior and Disabilities Services</u>. Authorized representative of the DSE <u>Anthony Newman</u> Title <u>Deputy Director</u>.

6.2 Statewide Independent Living Council (SILC)

The Statewide Independent Living Council (SILC) that meets the requirements of section 705 of the Act and is authorized to perform the functions outlined in section 705(c) of the Act in the State is <u>Statewide Independent Living Council of Alaska</u>

6.3 Centers for Independent Living (CILs)

The Centers for Independent Living (CILs) eligible to sign the SPIL, a minimum of 51% whom must sign prior to submission, are:

Access Alaska Inc. Independent Living Center Southeast Alaska Independent Living Arctic Access

6.4 Authorizations

6.4.a. The SILC is authorized to submit the SPIL to the Independent Living Administration, Administration for Community Living. <u>YES</u>

6.4.b. The SILC and CILs may legally carryout each provision of the SPIL. YES

6.4.c. State/DSE operation and administration of the program is authorized by the SPIL. <u>YES</u>

Section 7: DSE Assurances

<u>Anthony Newman</u> acting on behalf of the DSE <u>Alaska Division of Senior and</u> <u>Disabilities Services</u> located at <u>550 West 8th Avenue</u>, <u>Anchorage</u>, <u>AK 99501</u>, <u>Phone: 907-269-</u> <u>3666</u>

45 CFR 1329.11 assures that:

- 7.1. The DSE acknowledges its role on behalf of the State, as the fiscal intermediary to receive, account for, and disburse funds received by the State to support Independent Living Services in the State based on the plan;
- 7.2. The DSE will assure that the agency keeps appropriate records, in accordance with federal and state law, and provides access to records by the federal funding agency upon request;
- 7.3. The DSE will not retain more than 5 percent of the funds received by the State for any fiscal year under Part B for administrative expenses;¹
- 7.4. The DSE assures that the SILC is established as an autonomous entity within the State as required in *45 CFR 1329.14*;
- 7.5. The DSE will not interfere with the business or operations of the SILC that include but are not limited to:
 - 1. Expenditure of federal funds
 - 2. Meeting schedules and agendas

- 3. SILC board business
- 4. Voting actions of the SILC board
- 5. Personnel actions
- 6. Allowable travel
- 7. Trainings
- 7.6. The DSE will abide by SILC determination of whether the SILC wants to utilize DSE staff:
 - 1. If the SILC informs the DSE that the SILC wants to utilize DSE staff, the DSE assures that management of such staff with regard to activities and functions performed for the SILC is the sole responsibility of the SILC in accordance with Sec. 705(e)(3) of the Act (Sec. 705(e)(3), 29 U.S.C.796d(e)(3)).
- 7.7. The DSE will fully cooperate with the SILC in the nomination and appointment process for the SILC in the State;
- 7.8. The DSE shall make timely and prompt payments to Part B funded SILCs and CILs:
 - 1. When the reimbursement method is used, the DSE must make a payment within 30 calendar days after receipt of the billing, unless the agency or pass-through entity reasonably believes the request to be improper;
 - 2. When necessary, the DSE will advance payments to Part B funded SILCs and CILs to cover its estimated disbursement needs for an initial period generally geared to the mutually agreed upon disbursing cycle; and
 - 3. The DSE will accept requests for advance payments and reimbursements at least monthly when electronic fund transfers are not used, and as often as necessary when electronic fund transfers are used, in accordance with the provisions of the Electronic Fund Transfer Act (15 U.S.C. 1693-1693r).

The signature below indicates this entity/agency's agreement to: serve as the DSE and fulfill all the responsibilities in Sec. 704(c) of the Act; affirm the State will comply with the aforementioned assurances during the three-year period of this SPIL; and develop, with the SILC, and ensure that the SILC resource plan is necessary and sufficient (in compliance with section 8, indicator (6) below) for the SILC to fulfill its statutory duties and authorities under Sec. 705(c) of the Act, consistent with the approved SPIL.¹

Anthony Newman, Deputy Director Name and Title of DSE director/authorized representative

Anthon J. Neum

Signature

Date

Electronic signature may be used for the purposes of submission, but hard copy of signature must be kept on file by the SILC.

Section 8: Statewide Independent Living Council (SILC) Assurances and Indicators of Minimum Compliance

8.1 Assurances

<u>Cheri Johansen</u> acting on behalf of the SILC <u>Statewide Independent Living Council of Alaska</u> located at <u>121 West Fireweed Ln, Suite 175, Anchorage, AK 99503</u> 45 CFR 1329.14 assures that:

- (1) The SILC regularly (not less than annually) provides the appointing authority recommendations for eligible appointments;
- (2) The SILC is composed of the requisite members set forth in the Act;¹
- (3) The SILC terms of appointment adhere to the Act;¹
- (4) The SILC is not established as an entity within a State agency in accordance with 45 CFR Sec. 1329.14(b);
- (5) The SILC will make the determination of whether it wants to utilize DSE staff to carry out the functions of the SILC;
 - a. The SILC must inform the DSE if it chooses to utilize DSE staff;
 - b. The SILC assumes management and responsibility of such staff with regard to activities and functions performed for the SILC in accordance with the Act.¹
- (6) The SILC shall ensure all program activities are accessible to people with disabilities;
- (7) The State Plan shall provide assurances that the designated State entity, any other agency, office, or entity of the State will not interfere with operations of the SILC, except as provided by law and regulation and;
- (8) The SILC actively consults with unserved and underserved populations in urban and rural areas that include, indigenous populations as appropriate for State Plan development as described in Sec. 713(b)(7) the Act regarding Authorized Uses of Funds.¹

Section 8.2 Indicators of Minimum Compliance

Indicators of minimum compliance for Statewide Independent Living Councils (SILC) as required by the Rehabilitation Act (Section 706(b), 29 U.S.C. Sec 796d-1(b)), as amended and supported by 45 CFR 1329.14-1329.16; and Assurances for Designated State Entities (DSE) as permitted by Section 704(c)(4) of the Rehabilitation Act (29 U.S.C. Sec. 796c(c)(4)), as amended.

(a) STATEWIDE INDEPENDENT LIVING COUNCIL INDICATORS. -

- (1) SILC written policies and procedures must include:
 - a. A method for recruiting members, reviewing applications, and regularly providing recommendations for eligible appointments to the appointing authority;
 - b. A method for identifying and resolving actual or potential disputes and conflicts of interest that are in compliance with State and federal law;
 - c. A process to hold public meetings and meet regularly as prescribed in 45 CFR 1329.15(a)(3);

- d. A process and timelines for advance notice to the public of SILC meetings in compliance with State and federal law and 45 CFR 1329.15(a)(3);
- e. A process and timeline for advance notice to the public for SILC "Executive Session" meetings, that are closed to the public, that follow applicable federal and State laws;
 - i. "Executive Session" meetings should be rare and only take place to discuss confidential SILC issues such as but not limited to staffing.
 - ii. Agendas for "Executive Session" meetings must be made available to the public, although personal identifiable information regarding SILC staff shall not be included;
- f. A process and timelines for the public to request reasonable accommodations to participate during a public Council meeting;
- g. A method for developing, seeking and incorporating public input into, monitoring, reviewing and evaluating implementation of the State Plan as required in 45 CFR 1329.17; and
- h. A process to verify centers for independent living are eligible to sign the State Plan in compliance with 45 CFR 1329.17(d)(2)(iii).
- (2) The SILC maintains regular communication with the appointing authority to ensure efficiency and timeliness of the appointment process.
- (3) The SILC maintains individual training plans for members that adhere to the SILC Training and Technical Assistance Center's SILC training curriculum.
- (4) The SILC receives public input into the development of the State Plan for Independent Living in accordance with 45 CFR 1329.17(f) ensuring:
 - a. Adequate documentation of the State Plan development process, including but not limited to, a written process setting forth how input will be gathered from the state's centers for independent living and individuals with disabilities throughout the state, and the process for how the information collected is considered.
 - b. All meetings regarding State Plan development and review are open to the public and provides advance notice of such meetings in accordance with existing State and federal laws and 45 CFR 1329.17(f)(2)(i)-(ii);
 - Meetings seeking public input regarding the State Plan provides advance notice of such meetings in accordance with existing State and federal laws, and 45 CFR 1329.17(f)(2)(i);
 - d. Public meeting locations, where public input is being taken, are accessible to all people with disabilities, including, but not limited to:
 - i. proximity to public transportation,
 - ii. physical accessibility, and
 - iii. effective communication and accommodations that include auxiliary aids and services, necessary to make the meeting accessible to all people with disabilities.

- e. Materials available electronically must be 508 compliant and, upon request, available in alternative and accessible format including other commonly spoken languages.
- (5) The SILC monitors, reviews and evaluates the State Plan in accordance with 45 CFR 1329.15(a)(2) ensuring:
 - a. Timely identification of revisions needed due to any material change in State law, state organization, policy or agency operations that affect the administration of the State Plan approved by the Administration for Community Living.
- (6) The SILC State Plan resource plan includes:
 - a. Sufficient funds received from:
 - i. Title VII, Part B funds;
 - 1. If the resource plan includes Title VII, Part B funds, the State Plan provides justification of the percentage of Part B funds to be used if the percentage exceeds 30 percent of Title VII, Part B funds received by the State;
 - ii. Funds for innovation and expansion activities under Sec. 101(a)(18) of the Act, 29 U.S.C. Sec. 721(a)(18), as applicable;
 - iii. Other public and private sources.
 - b. The funds needed to support:
 - i. Staff/personnel;
 - ii. Operating expenses;
 - iii. Council compensation and expenses;
 - iv. Meeting expenses including meeting space, alternate formats, interpreters, and other accommodations;
 - v. Resources to attend and/or secure training and conferences for staff and council members and;
 - vi. Other costs as appropriate.

The signature below indicates the SILC's agreement to comply with the aforementioned assurances and indicators:

Cheri Johansen Name of SILC chairperson

Cheri Johansen

06/30/2020

Signature

Date

Electronic signature may be used for the purposes of submission, but hard copy of signature must be kept on file by the SILC.

Section 9: Signatures

The signatures below are of the SILC chairperson and at least 51 percent of the directors of the centers for independent living listed in section 6.3. These signatures indicate that the <u>Statewide</u> <u>Independent Living Council of Alaska</u> and the centers for independent living in the state agree with and intend to fully implement this SPIL's content. These signatures also indicate that this SPIL is complete and ready for submission to the Independent Living Administration, Administration for Community Living, U.S. Department of Health and Human Services.

The effective date of this SPIL is October 1, 2020 (year)

Cheri Johansen	(Electronic Signature)	06/30/2020
SIGNATURE OF SI		DATE
Cheri Johansen		
NAME OF SILC CH		
Access Alaska	AME OF CENTER FOR INDEPENDENT	
NA	AME OF CENTER FOR INDEPENDENT	LIVING (CIL)
Eric Gurley	(Electronic Signature)	06/30/2020
SIGNATURE OF CI		DATE
Eric Gurley	ECTOR	
NAME OF CIL DIRI	ECTOR	
Arctic Access		
NA	AME OF CENTER FOR INDEPENDENT	LIVING (CIL)
<u>Denice Gilroy</u>	(Electronic Signature)	06/30/2020
SIGNATURE OF CI		DATE
Denice Gilroy		
NAME OF CIL DIRI	ECTOR	
Independent Living C	Center	
NA	AME OF CENTER FOR INDEPENDENT	LIVING (CIL)
Joyanna Geisler	(Electronic Signature)	06/30/2020
SIGNATURE OF CI	L DIRECTOR	DATE

Joyanna Geisler NAME OF CIL DIRECTOR

Southeast Alaska Independent Living (SAIL) NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

Joan O'Keefe	(Electronic Signature)	06/30/2020	
SIGNATURE OF CIL DIRECTOR		DATE	
Joan O'Keefe			

NAME OF CIL DIRECTOR (INSERT ADDITIONAL CILS AS NEEDED)

Electronic signatures may be used for the purposes of submission, but hard copy of signature must be kept on file by the SILC.